

# Appendix 2: Our aims

### Prevention

- Better support to stop smoking
- Better screening, treatment and support for diabetes
- Help you look after your own general health and wellbeing

## **Urgent and emergency care**

- Make it easier to understand the range of services available and how to access them quickly
- Provide more services in local communities, so they are accessible and convenient. This will also reduce the pressure on hospitals
- Make it easier to see a GP and bring services together

## **Primary Care Services**

- Make it easy to see your local GP or healthcare professional
- Improve the quality of services provided, so it is consistently good
- Bring services together to make them more accessible and convenient

### Mental health

- Improve access to services and cut waiting times for treatment
- Treat mental and physical health needs as one
- Address the wider determinants on mental health, e.g. housing and employment

#### Cancer

- Cut waiting times for appointments
- Diagnose and treat any cancer quickly, with better education and information for the public
- Improve care and outcomes for people

## Maternity

- Improve information and advice about pregnancy to help prevent any problems
- Give women greater control and more choice about how and where they give birth
- Make them feel safe and secure, cared for and supported

#### Medication

- Ensure the right medicines are used, at the right time, for the right patients
- Reduce medicine waste
- Make it is easier to get prescribed medicine when it is needed

### **Digital and online services**

- Give quick and easy access to health and care services, with you in control and able to see your own records
- Make it easy to book an appointment with, and talk to, a GP or other healthcare professional
- Enable healthcare professionals to provide better treatment and care by improving information systems and the sharing of records

### The right staff in the right place with the right resources

- Ensure we have the right number of good quality staff to look after people, now and in the future
- Make services and care accessible and convenient, consistent and personal
- Give the best possible treatment and care by ensuring our staff have access to all the information and resources they need

Full details of what we are planning to do and what it means for local people can be found in the publication Better Care & Wellbeing in East London at www.eastlondonhcp.nhs.uk